

## St Joseph's Primary School

### INTENT

At St Joseph's Primary School, we believe that all children have the right to a happy and safe environment which leads them to succeed to their full potential. We believe that Christ is at the Centre of everything we do at St Joseph's as we are all God's children. Our Gospel Values and Virtues underpin how we treat one another and support our children to develop a deep sense of self-worth, self-respect, self-awareness as well as self-discipline. It is vital that we provide our children with the skills to prepare them for the modern world and support them to develop their own aspirations to succeed at St Joseph's and beyond. Alongside our Gospel Values and Virtues we encourage the children to develop certain learning attitudes to support them in achieving their goals and being the best that they can be. We want our children to be equipped to both face and overcome challenges and develop the character that we know is fundamental to being successful, happy and productive members of society. We want our children to know that they can achieve goals and ambitions, that they have the skills and aptitudes to stick to learning or tasks and that they have the resilience to recover from setbacks that may occur in life.

At St Joseph's we recognise that the pastoral care of our children is one of our most important roles. We educate the children through PSHE lessons - personal, social, health education and RSE lessons - Relationships and Sex Education but we are constantly supporting them to develop socially and emotionally.

At St Joseph's, we recognise the importance of teaching the children about mental wellbeing. We support them to celebrate their talents and differences and support them to feel confident in their bodies and to understand how they can look after themselves. Through our curriculum, we have specific sessions dedicated to recognising our mental health and how to support it. Our Mental Health Ambassadors regularly meet and also promote this within school, delivering assemblies to the children as role models.

### Implementation

We follow a Relationship Education programme for Catholic primary schools, titled Life to the Full. The **Life to the Full** programme is based on 'A Model Catholic Relationship and Sex Education (RSE) Curriculum' by the Catholic Education Service which was highlighted as a work of good practice by the Department of Education. Therefore, we have confidence that the programme will be fit for purpose in supporting the growth and development of your child.

**Life to the Full** is much more than a series of lessons. It is an entire platform of creative resources that will engage, inform and inspire our children and, indeed, you as parents. This includes interactive video content, story-based activities, employing a wide range of teaching tools, original worship music and an accompanying programme of classroom prayers. **Life to the Full** covers the statutory requirements for RSE but we supplement it with the Scheme KAPOW to cover other areas of PSHE. Our unit overview shows how we follow Ten Ten and

lessons from Kapow have been planned to work alongside these to ensure that we cover all aspects of RSE and PSHE from the National Curriculum.

We record our RSHE Learning in Floor Books from Foundation to Year 6. We assess Ten Ten units at the beginning and end of each unit to monitor progress.

### **Impact**

We support our children to have a secure understanding of our school Gospel Values, virtues and learning behaviours and we learn to recognise these in our own actions. Our children know how to look after themselves and how to keep themselves safe. We follow the rules of Ready, Respectful and Safe. Our children are prepared to be citizens of this ever changing world. This includes teaching them about economic well-being and the skills to be a good citizen.