



FA and UEFA  
Licensed

Kit and  
Equipment

Designed  
Sessions

Access to  
Academies

League and Non-league  
Club Affiliations

First Aid and  
Safeguarding

# After School Football Sessions

Let's Coach Football are bringing after school football sessions to St Joseph's Primary School. Starting in January 2022, we will be offering two sessions a week.



**Years 4, 5 & 6**  
**Wednesdays**  
**3:30 to 4:40pm**

**Years 1, 2 & 3**  
**Fridays**  
**3:30 to 4:40pm**



**Parents, friends and family!**  
Help us to deliver these sessions to more children, by volunteering and training to be a coach. Let us know if you're interested.

Join our professional coaching staff for fun and engaging sessions that include:

- ⚽ **Team Training:** *Attacking and Defensive Principles, Team Shape, Tactics, Pitch Based Fitness and Conditioning*
- ⚽ **Group Themes:** *Possession, Combination Play, Matched & Overload Duels, Defending*
- ⚽ **Individual Development:** *Passing and Receiving, Dribbling and Running with the Ball, Turning and Ball Mastery, Shooting, 1v1 Defending, Goalkeeping*



**Limited spaces available**  
**BOOK NOW on 07515 261831 or 01395 268616**  
**or email [bookings@letscoachfootball.co.uk](mailto:bookings@letscoachfootball.co.uk)**



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